

Come to the beach for a  
**DANCES OF UNIVERSAL PEACE**  
**NEW YEAR'S RETREAT !**

*Body Prayer - Meditation in Movement*



**with Akal Dev Sharonne, Certified Dance Leader  
and Mark Smith, Dance Musician**

**January 1 - 2, 2011**

Trinity Center, Pine Knoll Shores, NC

**A Time for Celebration and Remembrance**

Join us for a New Year's Retreat of Dances at lovely Trinity Center,  
which stretches from the beach to the sound on Bogue Banks.

Enjoy delicious food and comfortable lodging nestled in the maritime forest.  
There will be time for chanting with Mark, yoga with Akal Dev, walking on the beach and  
through the live oaks, meditation, rest and rejuvenation. What a way to start the year!

All Dances will be taught, and newcomers/beginners are most welcome.

We'll begin with a first Dance before dinner on New Year's Day,  
end with a Dance after lunch on Sunday, Jan. 2. (Sunday night stayover possible.)

Total cost (incl. meals & shared room) is: \$150 until 12/1, \$170 after.

**To register/inquire, contact Mark: [mgeesmith@juno.com](mailto:mgeesmith@juno.com); 919 357-1967**

**From previous participants:** "Thank you for reminding me that God wants me to  
be filled with Joy!"

"...an exquisite experience of the Lover and the Beloved."

"Thank you from my whole heart for these most beautiful teachings of song and dance  
and practice!"