



THE DANCE OF NATURE AS MUSIC

WITH **SHEIKH GAYAN GREGORY LONG**

MAY 3-5 2019 FRI 7-9PM SAT 10-9PM SUN 10AM-1PM

5 RAVENSCROFT DR, ASHEVILLE NC 28801

**DANCES OF UNIVERSAL PEACE, SUFI PRACTICES,
SANGHA, MAGICAL MOVEMENT AND MUSIC**

“There will come a day when music and its philosophy will become the religion of humanity.” ~Hazrat Inayat Khan



Sheikh Gayan Gregory Long is an internationally acclaimed drummer, composer, and storyteller. A longtime mureed of Pir Shabda Kahn, Gayan is a Sufi Ruhaniat teacher and certified Dance leader. He has traveled from India to Russia, South America to Thailand as well as in the US sharing his love of music, Nature and the sufi message of Love, Harmony, Beauty. Gayan has performed on 45 recording projects. He has released 2 albums: *Padma Thunder* and *When Two or More are Gathered*.

“Perhaps it is the case that we not only love and cherish music but, at the level of vibration and frequency, we *are* music. The cells of the body are continuously dancing. Pulses surge in harmony and polyrhythm. Bird songs, breezes, and ocean waves along with the stillness of evening express a divine symphony. We journey deep into the divine dance as we realize we are music and nature dancing together.” ~Gayan

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